



Check out these
fruity activities!



Fruit Prints: Take a fruit and cut it to shapes - could be just into halves or quarters, or individual segments if an orange... or you could be more creative! Then dip the cut fruit into paints and press onto paper to create colourful prints. Where will your imagination take you?

Fruit Sculptures: You could use your fruit pieces and skewers to create fun, edible sculptures or towers. How large can you go?

Fruity Feely Bags: Hide various fruits in a bag, then blindfold your friends and family and ask them to put their hands in bag and guess what each is by touch. You could also put some random things in as well just to fool them - an old cloth, a toy or perhaps a soft toy!

Fruit Puree Paint: Why not blend some soft fruits like bananas, berries and kiwi to create natural, edible paint for a unique art experience. Try a range of different fruits and see what you can create!

Fruit Taste Test: Can you identify each fruit by its flavour? Why not test you friends and family... blindfold them and ask them to describe the taste, texture and smell of different fruits. How many can they get right?

Healthy Plates: How creative can you get? Cut out fruit pictures from magazines and glue them onto paper plates to make healthy meal designs.